

# WHAT SHAPE IS YOUR DOG?

A little extra weight can be a **BIG PROBLEM**. Whether it's once a week or once a month, check your dog's body score regularly to make sure he's staying happy and healthy.

## BODY 1 SCORE

**VERY THIN**  
< 5% body fat

**Ribs** – Easily felt with no fat cover  
**Tail Base** – Bones are raised, no fat cover  
**Side View** – Severe abdominal tuck  
**Overhead View** – Accentuated hourglass shape

20% below ideal body weight



Consult your veterinarian!

## BODY 2 SCORE

**UNDERWEIGHT**  
5-15% body fat

**Ribs** – Easily felt with little fat cover  
**Tail Base** – Bones are raised with slight fat cover  
**Side View** – Abdominal tuck  
**Overhead View** – Marked hourglass shape

10% below ideal body weight



Consult your veterinarian to see if you are underfeeding your dog.

## BODY 3 SCORE

**IDEAL BODY WEIGHT**  
16-25% body fat

**Ribs** – Easily felt with slight fat cover  
**Tail Base** – Some contour with slight fat cover  
**Side View** – Abdominal tuck  
**Overhead View** – Well-proportioned waist

Ideal body weight



Great job!  
Keep doing what you are doing.

## BODY 4 SCORE

**OVERWEIGHT**  
26-35% body fat

**Ribs** – Difficult to feel under moderate fat cover  
**Tail Base** – Some thickening, bones palpable under moderate fat cover  
**Side View** – No abdominal tuck  
**Overhead View** – Back is slightly broadened at waist

10% above ideal body weight



Consult your veterinarian about the right nutrition for your dog and about ways to increase activity.

## BODY 5 SCORE

**OBESE**  
> 35% body fat

**Ribs** – Difficult to feel under thick fat cover  
**Tail Base** – Thickened and difficult to feel under thick fat cover  
**Side View** – No waist, fat hangs from abdomen  
**Overhead View** – Back is markedly broadened.

20% above ideal body weight



Extra weight can cause serious health problems for your dog. Consult your veterinarian about the right nutrition for your dog.